



## **International Coaching Course (ICC)**

### **Budapest, Hungary**

In cooperation with the International Olympic Committee, Olympic Solidarity.

The International Coaching Course (ICC) is a 3 month non-degree full-time course in English organized by the International Directorate of the University of Physical Education.

The programme includes 120 theoretical and 180 practical teaching hours. In a chosen field of sports students receive intensive education in Anatomy, Physiology, Sport Psychology, Sport Pedagogy, Sport Sociology, Sport Management, Sport Administration, Sport and Research and Sport Practice. The Fall Course begins in mid- September, the Spring Course in mid-March.

#### **History**

The first International Coaching Course in Budapest was held in 1971. Since the establishment of the Course, over 1.900 participants from more than 90 countries and all continents of the world received their diploma at our University. As a result of the long time activity in the international coach education the Course management has developed cooperation with governmental and non-governmental institutions all over the world, which corresponded with the objectives of the course.

#### **Objectives**

The ICC is designed to train and educate coaches from around the World. The programme attempts to promote and develop excellence in coaching. The Course provides coaches with a systematic way to improve their knowledge and skills in the theoretical, technical and practical aspects of coaching.

#### **Organisation Structure**

The ICC is initiated, organised and supervised by University of Physical Education, International Directorate. It is an intensive, concentrated, and intermediate level course. The course is organised in half-year intervals starting every March and September. Usually 7-10 sports are offered, depending on the demand and actual applications. The sports are carefully selected, based on traditions, long-term success of the Hungarian National Teams and the availability of our well-known lecturers and coaches. The duration of the course is three months.

## **Course Content**

Course content in detail has been carefully selected to meet the needs of coaches working with generally young, developing athletes as well as with advanced athletes of elite sport. To train a competent coach, completion of both theory and practical/technical components of the programme is essential. Progress in the training programme requires active coaching to implement the knowledge gained in the coaching course; therefore all participants are involved in practical coaching work in the leading Hungarian sport clubs. They are supervised by the senior lecturer and/or his/her assistants of the particular sport.

## **Language of Instruction**

The programme is taught exclusively through English. Participants are expected to speak English, not only during classes but also in their conversations with the teaching staff, the organisers and the other students.

## **Examinations**

The exams may consist of written, oral and/or practical requirements. Examinations in the student's respective sport consist of sports theory and sports practice. The examination is taken before an Examination Committee. Participants who completed their studies conclude the course with a final examination.

Graduates of the programme receive the ICC Coach's Diploma.

## **Teaching Staff**

University professors, the best Hungarian specialists, qualified coaches, sports scientists, and experts from the Hungarian and international sport, are invited to give lectures. The organisers use every opportunity to invite well-known lecturers. International guest professors visiting the University are always invited to contribute to the ICC programme according to their area of expertise.

## **Preconditions for Application**

- Working experience in the respective sport field
- Recommendation from the National Olympic Committee, Ministry of Sport or Sport Council and/or National Sport Federation
- Sufficient knowledge of English language
- Physical fitness (participation in practical classes)
- Good health
- Schengen visa (to be paid by the participant)
- Valid passport
- Valid return ticket

## **Participation Fee**

*EUR 6.900 and 7.500, depending on the nature of the course.*

### **The participation fee includes the following services:**

- instruction, examinations, accommodation, meals, the use of all facilities of the University (sport facilities, library, computer lab, etc.)
- monthly transportation pass for all forms of public transportation within the limits of Budapest
- all transportation included in the course programme
- transportation to and from the airport
- route a visa to the Hungarian Embassy/Consulate in applicant's country
- medical services for **only illnesses and injuries contracted in Hungary** (emergency treatment only)
- admittance to competitions and matches, cultural and social programmes

All participants of the course receive the official course track suit. Sport equipment and Schengen visa are not included.

### **Social Programs**

There will be social programs, trips organized to the countryside and visits to the nicest places of Budapest and Hungary. Please, do not forget to register for the announced trips. The meeting point is usually at the upper parking area.

### **Video, CD, DVD copies**

Usually, at the end of the course there will be some materials that you would like to copy for your own benefit either on VHS or DVD. To have a copy, please make sure you request at least 2-3 weeks before the end of the course.

### **Departure**

At the beginning of the course the organizers will collect your flight ticket information. We will check for you your reservation and connections to make sure that you will safely return to your country. The staff will arrange your transportation to the airport and assist in your check-in.

## **SEE YOU IN BUDAPEST**

University of Physical Education (TF)

International Directorate

1123 Budapest, Alkotás u. 44. – Hungary, Europe

Tel.: +36.1.487-9288

e-mail: [kiss@tf.hu](mailto:kiss@tf.hu)